

Up-size add \$1.50 Menu 22 June 2016 - 24 August 2016

MENU ONE

Deliverv week starting 20-Jun 25-Jul 29-Aug

Free range roast pork with caramalised apple, roast vegetables & peas. \$11.80 GP DP

Steak with bearnaise style sauce, saute potato, pumpkin and baby beans. \$10.90 sr

Hoisin chicken with asian vegetables and steamed rice \$10.90

Fresh fish with parsley sauce, mashed potato & garden peas. \$10.90 SE

Wairarapa angus beef and vegetable hotpot (comes with gratinated potato top). \$10.90 se

Free range chicken cog au vin, pommes boulangere & green beans \$10.90 sr

Roscoes angus beef and bacon stew with pumpkin & kumara mash & spinach \$10.90 GF SF

Ground beef pie with bubble and squeak. \$10.50 sr

Cauliflower au gratin on a sliced potato and onion base. \$9.50

. · Menu only available until stock sold out Standard meal NOT less

than 400gm Up size to 500gms+ for \$1.50

MENU TWO

Delivery week starting 27-Jun 1-Aug 5-Sep

> Roast pure wairarapa red devon rump with vorkshire pudding and roast vegetables. \$11.70 sr

French pork with apples, cider & cream sauce, pommes boulangere Lamb shank braised with mashed & green beans \$11.50 GE

Free range chicken cacciatori with a saute vegetable medley. \$10.90 GF DF SF

Traditional smoked fish pie topped with delicious mashed potato. \$10.90 SF

Swiss steak with creamy mash. pumpkin and baby beans. \$10.90 GF SF

Irish beef and guinness casserole, potato colcannon. steamed sliced carrot \$10.90 Free range tandoori chicken with

steamed rice \$10.90 GE SE Blackball beef sausages with

caramalised onion, wedges, peas, tomato gravy. \$10.90 GE DE

Vegetable pasticco which is similar to a vegetable mousakka \$9.50 SF

South Island next day \$20.

North Island next Day \$12.

local courier depot.

Christchurch & Nelson Bays next day \$16.

Fixed day Lower Hutt and Wellington \$7.

Collect from Kitchen Door: FREE. Sorry, RD address must be picked up from

Deliveries

MENU FOUR

Deliverv week starting 11-Jul 15-Aua 19-Sep

Roasted hogget with mint & pea Free range roast chicken with pesto roast vegetables & pan fried spinach. \$12.90 GF DF SF vegetables, caulflower & beans.

Wairarapa red devon meatloaf. roast vegetables and our own relish.TASTY \$10.90 SE kumara. carrot sticks. baby beans.

> Chicken and leek pie. Comes with Corned beef with mustard sauce, a pastry top and vegetable medly. mash potato, carrot ring, cabbage \$10.90 & silverbeet, \$10.90

Traditional fresh NZ white fish pie. \$10.50 SF

Delicious pork steak with a classic gravy, potato au gratin & baby beans \$10.90 se Wairarapa steak with fried onion

> Steak and kidney pie with carrot, spinach and mash potato. \$10.90

Wairarapa red devon beef rissole with wedges, mixed vegetables. GF SF carmalised onion and gravy. \$10.90

Moorish pork with fresh raisin Creamy penne pasta with bacon and apple chutney on a potato, and spinach \$10.50 sp silverbeet, spinach, carrot, zuchinni

braise \$10.90 GF OF SF 6 vegetable au gratin (cauliflower, kumara, pumpkin, potato, carrot & Beef lasanga. Its the best lasagna spinach) \$9.50 sr

vou will EVER taste. \$10.70

Vegetable fried rice \$9.50 GF DF SF

MENU THREE

Delivery week starting

black current stuffing, roast

Grilled ham steak, cumberland

sauce, roast vegetables, peas &

sauce, handmade wedges & stir

ring sauté potato, pumpkin, roast broccoli \$10.90 GF DF SF

Melt-in-vour-mouth-beef-stew

with a carrot & potato mash &

spinach \$10.90 GF SF

arilled pineapple \$10.90 GF DF

Pan-fried fish, lemon caper

fried vegetables. \$10.90 sr

4-Jul

8-Aua

12-Sep

\$11.50 **DF SF**

\$13.90 GF DF

Payment info

GUARANTEED Order by phone, email or website. Payment by Debit Card, Credit Card, or Bank Transfer. Our Bank details: eatUnlimited 030502 0575744 00. Mailing address: YMCA Building, 67 Pilmuir Street, Lower Hutt.

Where ever you see these symbols GF Wheat Free DF Dairy Free SF Sugar Free

EXTRAS

This full range of yummy soups, desserts and home baking is available on all menus

SOUP \$4.50 all dairy, wheat and sugar free · Beef scotch broth Chicken and vegetable

· Pumpkin and coconut · Bacon and leek chowder

PUDDINGS \$4.90

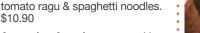
- Apple and gooseberry crumble
- · Creamy rice with apricot
- Sticky date with fudge sauce Boysenberry and apple fruit pudding
- Passionfruit Cheesecake



BAKING \$7.00

· Boiled sultana cake

· Banana cake with walnut icing



Angus beef madras curry with rice. This is a big favourite \$10.90

GOODNESS

Blackball pork sausages with caramalised onion. bubble & squeak & tomato gravy . \$10.90

Fabulous shepherds pie world famous in New Zealand \$10.50

MENU FIVE

& peas. \$11.50 **DE**

baby beans \$11.20 ss

Pan-fried fish. lemon caper

fried vegetables. \$10.90 sr

sauce, handmade wedges & stir

18-Jul

22-Aua

26-Sep

\$10.90

\$9.50 SF

Delivery week starting

Free range roast chicken, whole

cranberry sauce, roast vegetables

Tender pork steak with florentine

sauce. potato au gratin, carrot &

 Carrot cake sour cream icing Lemon Syrup Cake Amazing macaroni cheese

Chocolate caramel brownies

0800 328 333 orders@eat.co.nz www.eat.co.nz



TIDDLY



This is the dinner Goldilocks was looking for when she ventured into the the kitchen of the three bears. Not too big, not too small but just right.

Our frozen variety box of delicious tiddlyness, has sixteen meals, two each of your favourite dishes. Keep them in the freezer for a wonderful meal to heat and eat anytime. 16 meals for a very tiddly or widdly \$126.00 Contents change weekly, please ask the order taker or view at our online shop. eat.co.nz/shop

For the best and tastiest results thaw meals first. before heating.



Images of actual meals, thawed, heated and plated

